

Senior Home Safety Assessment

✓OK		Notes
	Home Entrance	
	Steps & walkways in good repair, with no crumbling edges or broken boards	
	Secure railing that is easy to grasp with both hands	
	Lights that illuminate a wide area of yard and walkway	
	Peephole in the front door low enough for all residents to use	
	Deadbolt lock that does not require a key to open from the inside (unless wandering is an issue)	
	Living Areas	
	Doorways wide enough to pass through when using a walker or wheelchair, or carrying a load	
	Open pathways with no small furniture, clutter, or "stuff"	
	No electric or phone cords running under rugs or carpeting or across open areas	
	No frayed electrical cords	
	Electric outlets & switches not overloaded (not warm to the touch)	
	Accessible light switches that can be turned on without walking across a dark room	
	Sofas & chairs high and firm enough for easy sitting and rising	
	No casters or wheels on furniture	
	2 Working smoke detectors on every floor	

Living Areas - Continued		
	Easy access to a telephone from every room (consider an Emergency Response Necklace, as well)	
	Windows and screens easy to open and close	
	Thermostat easy to read and reach	
	Carpets, rugs and mats lie flat	
	Hallways and stairwells free of clutter	
	Light switch at the top and bottom of stairs	
	Working carbon monoxide detector on each floor if the home has gas	
	Adequate lighting	
	All weapons appropriately secured and locked	
Bathroom		
	Floor free of clutter	
	No glass shower doors	
	Strong grab bars in shower/bath and near toilet	
	Raised toilet seat if balance is a problem	
	Water temperature below scalding (under 120 degrees)	
	Access to a telephone (consider Emergency Response System)	

Bathroom - Continued		
	Non-skid floor surface in tub/shower	
	No throw rugs	
	Shower bench or seat with hand-held shower wand available	
	Night light	
Bedroom		
	Floor free of clutter	
	Bed no lower than back-of-the-knees height	
	Chair with armrests & firm seat to reduce falls while dressing	
	No casters or rolling furniture	
	Floor free of clutter	
	Telephone easily accessible	
	No scatter rugs	
	Nightlight	
	At least one light operable from the door	
Kitchen		
	Free of clutter	
	Doorway wide enough to pass through while carrying a load	

Kitchen - Continued		
	Floor not waxed or slippery	
	No throw rugs or mats	
	"On" indicators working on all appliances	
	Working heat/smoke detector	
	No flammables near heat sources	
	Easy to reach & use fire extinguisher	
	Uncluttered work space near cooking area to reduce need for carrying	
	Most often used items stored between eye & knee level	
	Appliances in good working condition	

Notes & Comments

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